



Experience morning activities!



Start your Kanazawa trip with Kendo practice, monko (incense), Dharma talks, and morning porridge!

Experience the morning activities at Josho-ji Temple, which is associated with the Kaga samurai.

Why not start your trip to Kanazawa with a morning activity at a temple? After awakening your body and mind with kendo practice using bamboo swords in the temple precincts, enter the main hall, listen to the priest's talk while savoring the Japanese aroma wafting from the incense burner, and calm your mind with burning incense while the sutra reading echoes. Afterwards, the visitors enter the main hall and listen to the priest's talk while tasting the Japanese aroma wafting from the incense burner, and then burn incense to calm their minds as sutra chanting resonates.

Capacity 10 Minimum number of participants 1

Date Every Thursday
April - September 2024
【Priority to reservation】

It may not be possible to conduct this program due to temple circumstances.

Check the website for dates.

time one is supposed to meet 7.30 am.

Dissolution 8.45 am.

Price

2,200yen one customer

Inclusions : Bamboo sword rental, morning rice porridge fee



Practice swinging with bamboo sword

We will demonstrate and explain how to hold and swing a shinai (bamboo sword), so even first-timers will be fine. Everyone will practice swinging with shinai (bamboo swords) and try to hit with shinai (bamboo swords). In case of rain, the practice will be held in the Japanese-style room of the main hall.



Sermon by the priest and burning incense at the main hall

Participants will learn about the history of Buddhism, which was introduced to Japan from India via China, and the meaning of "incense" in Buddhism by holding an incense burner in their hands and smelling the fragrance.



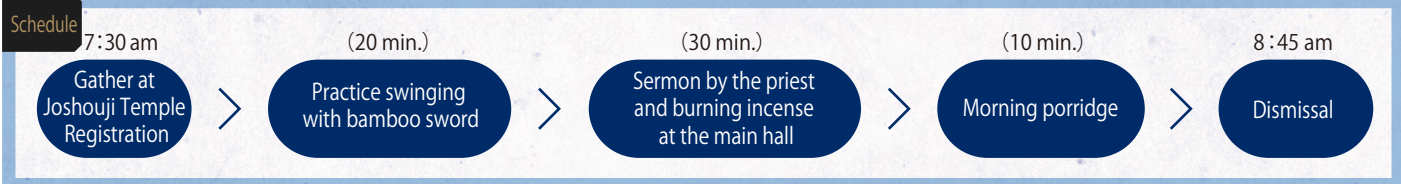
Morning porridge

Porridge is served at the end of the experience. In Buddhism, porridge is said to have ten kinds of merits, such as "improving skin color and luster," "increasing physical and mental strength," and "prolonging life."



承証寺 (Josho-ji Temple)

Belonging to the Hokke school of Buddhism and headquartered in Honnoji, Kyoto, this temple was founded in 1589 in Owari-cho, Kanazawa and moved to its current location in Teramachi in 1616. The temple's Kishimojin Hall houses a demon mask said to have emerged from the waters off Ataka Seki, and the painting on the door of the main hall is said to be by Tawaraya Sotatsu, a painter of the Edo period (not usually open to the public). The temple also houses the tomb of Fukuoka Sosuke, a feudal retainer who advocated the theory of the "Kinno" (loyal to the Emperor) at the end of the Edo period (1603-1868).



Applicatino Details and Application
「Please see. VISIT KANAZAWA」

Planning and Organizing Kaga-no-kunto KOYA TEL 076-260-1139
※Japanese only

Location 承証寺 Josho-ji Temple 5-70 Tera-machi, Kanazawa, Ishikawa